



IOWA SOCCER



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Apply online or access additional information at:

www.iowasportscamps.com

The University of Iowa requests information for the purpose of registration in The University of Iowa Sports Camps programs. No persons outside the University are routinely provided this information except for items of directory information such as name and local address. Responses to all items are required. If you fail to provide the required information, the University may not consider your registration. The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact, the Iowa Sports Camps Office, 319-335-7961 68194/2-08

UNIVERSITY OF IOWA CAMP STAFF INFORMATION

CAMP DIRECTOR



RON RAINEY

- Head Coach, The University of Iowa since 2005
- Former Ball State Head Coach (1999-2005)
- 19 years of collegiate coaching experience
- MAC Coach of the Year, 2002
- Region II ODP Staff
- USSF 'A' License, NSCAA Advanced National Diploma, USSF National Youth Coaching License



SHANE MERIDITH

- Assistant Coach, The University of Iowa
- 16 years of collegiate coaching experience
- USSF 'A' License
- Region II ODP Staff
- Former director of Westside Soccer Club in Ohio
- All Conference at Earlham College



JULIE HANLEY

- Assistant Coach, University of Iowa
- 2 years of collegiate coaching experience
- Master's Degree in Kinesiology and Recreation
- Played and coached in NCAA Tournament
- Played at the University of Kansas
- Captain of University of Kansas soccer team

CAMP COACHES

ADDITIONAL COACHES will include other collegiate coaches as well as current players. Both will possess a tremendous knowledge of the game and will be able to provide a fun and enthusiastic atmosphere for all campers!!



2012 Elite Skills Camp

July 15-18, 2012

Residential/Commuter Camp

For GIRLS ONLY ages 10-18

www.iowasportscamps.com





IOWA SOCCER

CAMP PHILOSOPHY

The Elite Skills Camp targets the advanced player capable of handling a challenging and complex curriculum. The camp is geared towards those who have aspirations of being a collegiate soccer player, and will provide an experience comparable to that of our current student-athletes. We have designed the camp to challenge each player through match play coupled with tactical training sessions. Sessions will also incorporate technical, functional, physical and psychological training. All sessions will be conducted at some of the finest facilities in the country!

CAMP FEATURES

- **ADVANCED instruction in a challenging and educational environment**
- **RECRUITING SEMINAR** for all levels of collegiate competition
- **STRENGTH and AGILITY sessions**
- **VIDEO ANALYSIS session**
- **CAMP T-SHIRT**
- **GAMES against and with our staff!**
- **PREMIER FACILITIES** for quality training

GOALKEEPING SESSIONS

Goalkeepers are a valuable component of advanced team development, and they will receive a well rounded goal-keeping experience here! We strive to produce the "complete keeper," so they will be exposed to advanced technical, tactical, physical and mental training. It is vital for goalkeeper development that they be exposed to individual AND match related team training; here they will have the opportunity to participate and be evaluated in both environments!

2012 Elite Skills Camp

WHEN : July 15-18, 2012

WHERE: The University of Iowa

We will utilize the Soccer Stadium and training facility, the Hawkeye Tennis and Recreation Center, and various campus facilities

AGES: Girls 10-18

FEES: \$490.00 Resident, \$390.00 Commuter (\$100.00 deposit holds your spot in camp and the balance is due two weeks before camp starts)

TEAM FEES: \$460.00 Resident, \$360.00 Commuter (10 or more athletes from the same team, registrations must be mailed in together)

DAILY FEE: \$125.00 / day Resident, \$100.00 / day Commuter

RESIDENTIAL/COMMUTER: Open to either

Residents will stay at the Hillcrest dormitory, which is all inclusive and centrally located.

A detailed letter of confirmation and medical release form will be sent upon receipt of your application.

****Due to the curriculum and scope of this camp, enrollment will be limited so apply EARLY!****

COME TRAIN WITH THE HAWKEYES!!



IOWA SOCCER

TRAINING TO GET TO THE NEXT LEVEL!

ELITE SKILLS CAMP SCHEDULE

Sunday, July 15

- Registration Noon-1 p.m.
- Afternoon Session 2-4 p.m.
- Evening Session 6-8 p.m.
- College Talk 9-10 p.m.

Monday, July 16 and Tuesday, July 17

- Morning Session 9-11 a.m.
- Technical Session 1-2 p.m.
- Strength Training 2-3 p.m. (Monday)
- Video Analysis 2-3 p.m. (Tuesday)
- Tournament Games 6-9 p.m.

Wednesday, July 18

- Camp 4v4 festival 9-11 a.m.
- Camp concludes 11 a.m.



QUESTIONS?? CALL RON RAINEY AT 319-335-9271

Or register online at www.iowasportscamps.com